

## SPANISH AMERICAN WAR

25 Apr 1898 - Aug 1898

TURNER, MORONI  
ABPLANAP, JAY  
ABPLANAP, JOHN D.  
DUNCAN, ELMER  
GOODWIN, M. TAYLOR  
JASPERSON, CHARLES W.

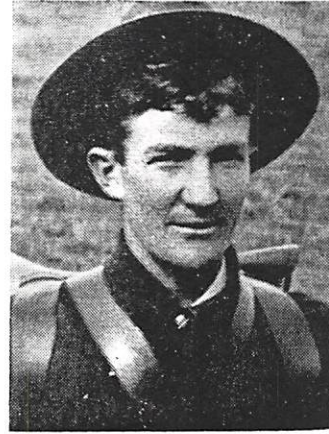
### Soldiers of Spanish American War



Moroni Turner



Elmer Duncan



Taylor Goodwin

# INSTRUCTIONS FOR YOUR BOWEL PREPARATION WITH FLEET® PHOSPHO®-SODA

**READ CAREFULLY - DO NOT EXCEED RECOMMENDED DOSAGE  
AS SERIOUS SIDE EFFECTS MAY OCCUR.**

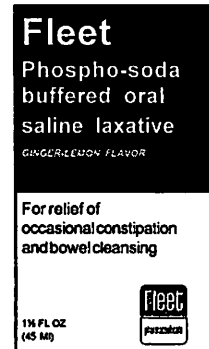
**Follow the steps for the Prep as listed below, or as prescribed by your physician on the back.  
If you are taking medication (including aspirin or aspirin-containing products), consult your  
physician for additional instruction before beginning this procedure.**

## 2 DAYS BEFORE EXAM:

Obtain 3 fl. oz. of Fleet Phospho-soda (Ginger-Lemon Flavor or Unflavored) from your physician or pharmacy. The recommended dosage is one (1) 3 fl. oz. bottle OR two (2) 1½ fl. oz. bottles of Fleet Phospho-soda. Do not exceed the recommended dosage given in these instructions, as serious side effects may occur.

## DAY BEFORE EXAM:

Drink *only clear liquids* for breakfast, lunch, and dinner. Solid foods, milk or milk products are *not* allowed. *Clear liquids* include all of the following that are *not colored red or purple*: strained fruit juices without pulp (apple, white grape, lemonade), water, clear broth or bouillon, coffee or tea (without milk or nondairy creamer), Gatorade®, carbonated and noncarbonated soft drinks, Kool-Aide® (or other fruit flavored drinks), plain Jello® (without added fruit or toppings), and ice Popsicles®.



### Prep Schedule

- ☐ Breakfast - have only *clear liquids*.
- ☐ Lunch - have only *clear liquids*.
- ☐ Dinner - have only *clear liquids*.
- ☐ 7:00 PM: Add 1½ fl. oz. (3 tablespoonfuls; use measuring spoons, not tableware) of Fleet Phospho-soda to one-half glass (4 fl. oz.) of cold *clear liquid* and drink. Follow immediately with 8 fl. oz. of *clear liquid*. Individual responses to laxatives vary. This prep often works within 30 minutes but may take as long as 3 hours. Remain close to toilet facilities as multiple bowel movements may occur.

**Before midnight, drink at least three (3) additional glasses of *clear liquids*:**

- ☐ Drink 8 fl. oz. of *clear liquids*.
- ☐ Drink 8 fl. oz. of *clear liquids*.
- ☐ Drink 8 fl. oz. of *clear liquids*.

**Nothing to eat or drink after midnight.**

## DAY OF EXAM:

- ☐ 6:00 AM (OR 3 HOURS BEFORE YOU LEAVE FOR YOUR EXAM): Add 1½ fl. oz. (3 tablespoonfuls, use measuring spoons, not tableware) of Fleet Phospho-soda to one-half glass (4 fl. oz.) of cold *clear liquid* and drink. Follow immediately with 8 fl. oz. of *clear liquid*. Reminder: remain close to toilet facilities.